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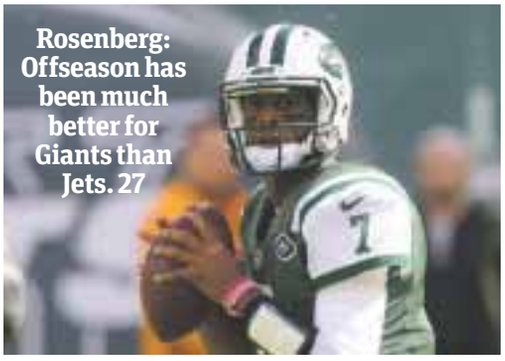

Rosenberg: Offseason has been much better for Giants than Jets. 27

'IT'S NOT NUDE'

Demi Lovato claps back at her photo hackers. 20

The best rooftop bars for the warmer days ahead. 23

BUG-LY REVELATION

Yes, Mr. President, your building was wired … to nab your Russian gangster tenants. 4

GETTY IMAGES

TRUMP FIGHTS FOR SUPPORT AHEAD OF VOTE

1 While paying little attention to the details of the House Republican effort, Trump has put considerable effort into shoring up the bill, actively courting conservative lawmakers with objections to the bill. In a trip to Capitol Hill on Tuesday he warned Republicans that failure could have sharp repercussions in next year's congressional midterm elections. Trump kept up his efforts to sell the plan, called

the American Health Care Act, on Wednesday, meeting with a group of House members at the White House. He declined to say what he would do if the proposed legislation fails in the House. Asked if he would keep pushing the bill, he told reporters: "We'll see what happens." REUTERS

NORTH KOREA MISSILE TEST FAILS

2 A North Korean missile appeared to have exploded just after it was launched, the U.S. and South Korean militaries said after detecting the latest in a series of weapons tests by the nuclear-armed state that have alarmed the region. The launch attempt was made near the city of Wonsan, on North Korea's east coast, the same place it launched several intermediate-range missiles last year, all but one of which failed. "U.S. Pacific Command detected what we assess was a failed North Korean missile launch attempt ... in the vicinity of Kalma," Commander Dave Benham, a spokesman for U.S. Pacific Command, said in a statement, referring to an air field in Wonsan. "A missile appears to have exploded within seconds of launch," Benham said, adding that a more detailed assessment was underway. REUTERS

TILLERSON PLEDGES SAFE AREAS FOR REFUGEES

3 Secretary of State Rex Tillerson said the United States would set up "interim zones of stability" to help refugees return home in the next phase of the fight against Islamic State and al Qaeda in Syria and Iraq. The top U.S. diplomat did not make clear where these zones were to be set up. He was addressing a meeting of 68 countries and organizations gathered in Washington to discuss

accelerating the battle against Islamic State. "The United States will increase our pressure on ISIS and al Qaeda and will work to establish interim zones of stability, through ceasefires, to allow refugees to return home," Tillerson told the gathering at the State Department, where he was hosting his first major diplomatic event. REUTERS

5 The suspect in London's terror attack is taken away on a stretcher after he was shot by police officers while two knives lay on the floor outside the Palace of Westminster, London. For more on the London terror attack, see pages 16-17. GETTY IMAGE

ILLINOIS BILLS SEEK TO LEGALIZE, TAX MARIJUANA

4 Illinois would legalize marijuana for recreational use by adults and tax it to raise at least $350 million a year for the cash-strapped state under legislation introduced. Two Democratic lawmakers sponsoring the bills said the measures pending before the House and Senate would allow law enforcement to focus on other crimes and enable the state to create a system for regulating and taxing marijuana sales. Adults aged 21 and older would be able to possess, grow, and purchase limited amounts of marijuana, under the legislation. Businesses cultivating, processing, testing and selling pot would be licensed and regulated by the state, which would also impose labeling requirements and marketing restrictions. State Sen. Heather Steans said money would flow to licensed, taxpaying businesses instead of to criminals. REUTERS

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ALEXIS SACHDEV, WEB REPORTER

Another day, another Trump-Russia scandal. Having a hard time keeping straight which members of the prez's inner circle held secret meetings, and which just accepted millions of dollars to act in Vladimir Putin's best interests? Us too. So we made a guide. Get to know all the players online at **metro.us/news.**

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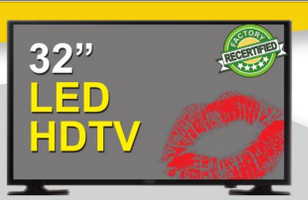

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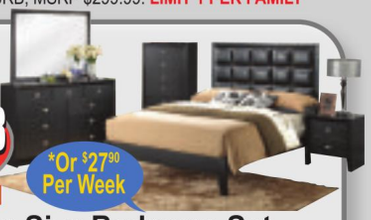

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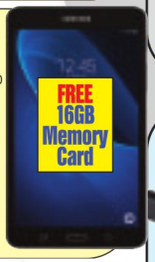

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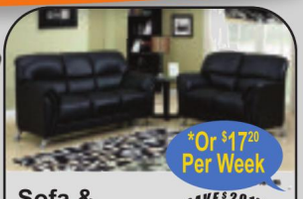

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Trump Tower was wiretapped — by FBI to eavesdrop on Russian mafia

An organized crime ring operated out of a unit just three floors below Trump's residence.

New York City shoppers and visitors walk past the entrance to Trump Tower on Fifth Avenue. GETTY IMAGES

It looks like President Donald Trump was right: Trump Tower *was* wiretapped.

However, he and his presidential campaign were not the targets, nor was the wiretap ordered by his predecessor Barack Obama.

Acting on a court-approved warrant, the FBI listened in on a Russian organized crime ring that operated out of unit 63A — just three stories below Trump's penthouse home — in the Fifth Avenue high-rise.

More than 30 people were indicted by a federal grand jury because of the FBI's two-year investigation, which ran from 2011 to 2013.

One of those indicted in April 2013, noted Russian mafia boss Alimzhan Tokhtakhounov, has been a fugitive ever since, though he was spotted near future President Trump in Moscow at the Miss Universe pageant later that year.

Tokhtakhounov is suspected of heading a ring that, among other things, laundered more than $50 million into the U.S. from Russia, Ukraine and other countries via banks and shell companies based in Cyprus, FBI agent Mike Gaeta told ABC News.

Trump was not implicated in the FBI's investigation, but his namesake skyscraper was under heavy scrutiny due to the activities in 63A, which was the residence of Vadim Trincher. Considered a key figure in the reported crime ring, Trincher pleaded guilty to racketeering and was given a five-year prison sentence. He's slated for release this summer.

In a bombshell tweet earlier this month, Trump accused Obama of tapping "my phones during the very sacred election process." He likened the alleged situation to former President Richard Nixon's Watergate scandal and McCarthyism.

Obama quickly denied the claims, as did intelligence officials. The FBI on Monday said it had no evidence to substantiate Trump's claims.

"With respect to the president's tweets about alleged wiretapping directed at him by the prior administration, I have no information that supports those tweets," FBI Director James Comey said. REUTERS AND METRO STAFF

Trump Tower's Russian tenant left no forwarding address

Alimzhan Tokhtakhounov, a fugitive since April 2013, is an alleged Russian mafia boss accused of operating a criminal enterprise out of Trump Tower from 2011 to 2013. When federal agents rounded up 29 suspected members of two gambling rings believed to be headed by Tokhtakhounov, he was in Russia.

A few notes about the reputed mobster:

Businessman Alimzhan Tokhtakhounov GETTY IMAGES

Tokhtakhounov is wanted for allegedly fixing an Olympic competition.
Tokhtakhounov allegedly rigged an ice skating competition at the 2002 Olympics, according to reports. He was indicted in the United States on charges of fixing the event in order to ensure Russian skaters and a French duo would win gold medals in exchange for a visa to allow him to go to France.

Tokhtakhounov was nabbed in Europe, but released.
After the Salt Lake City Olympic accusations, Tokhtakhounov fled. He was arrested in Italy, but denied the charges and was released, Mother Jones reported. Since then, he has been residing in Russia.

Tokhtakhounov was Donald Trump's red carpet VIP.
In 2013, Trump decided to hold the Miss Universe pageant in Moscow, calling the move "a big deal that will bring our countries together," Politico reported.

Less than a year after federal agents raided Trump Tower and arrested alleged members of Tokhtakhounov's gang, he was an invited VIP guest at Trump's red carpet event.

Tokhtakhounov is an author.
Aside from investing in real estate and organizing Russian pop concerts and fashion shows, he is a writer.

His novel, "Angel From Couture: A Novel From the Life of High Fashion," is a semiautobiographical work published in 2010 based on his life in the world of Russian modeling in the 1990s.

The Times reported that the book's inside cover describes the tale as, "What happens when a young beauty falls for the charms of an older man."

In 2012, Tokhtakhounov fathered twin girls with a woman 40 years younger, the Times reported.

Tokhtakhounov is known as a "thief in law."
United States officials have called Tokhtakhounov a "Vor v Zakone," or "thief in law," sometimes known as a Vor.

"Let me explain something," he told the Times. "A thief in law, if he is a thief, he should not say, 'I am not a thief.' He should say, 'I am a thief.' And I say, 'I am not a thief.' You understand."

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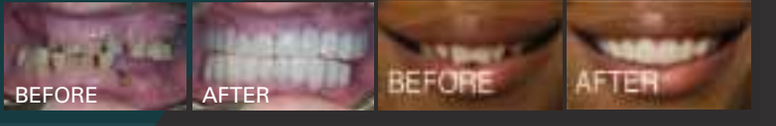

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Congressman Dan Donovan GETTY IMAGES

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New York City's Republican congressman rejects Trump's health care bill after coaxing from advocates

At the 11th hour, Congressman Dan Donovan decided to vote against the president's Affordable Health Care Act.

AMANDA MIKELBERG
@MetroNewYork
amanda.mikelberg@metro.us

On the day before President Donald Trump's bill to repeal and replace Obamacare is put to a vote, New York City's only Republican congressman, Dan Donovan, was still torn between GOP loyalty and protecting the health care that many of his constituents rely on.

"Congressman Donovan is currently undecided on how he will vote," his representative told Metro on Wednesday afternoon, "but has very serious concerns about the proposal."

A few hours later, he reached a decision: He intends vote "no" on the bill.

The move was not made without coaxing; activists urging Donovan to vote down Trump's American Health Care Act had hounded him.

"Over the past month, I've met with all the stakeholders this bill would affect: hospitals, doctors, nurses, community health centers, and the residents of the 11th Congressional District who have raised valid concerns with the current bill," Donovan wrote in an op-ed published by the Staten Island Advance simultaneously with his announcement.

His rejection of Trump's answer to Obamacare isn't tantamount to support for Barack Obama's health care plan, he indicated.

"Recognizing that the status quo is failing isn't, on its own, a compelling reason to vote 'yes' on the current replacement plan," he stated.

Donovan's primary concern was a New York-specific Medicaid clause, called the Collins Amendment, that would exempt state counties from funding Medicaid, placing the entire burden on city taxpayers, his office explained Wednesday evening in announcing the decision.

Another compelling reason for Donovan's decision is the bill's potential impact on the large number of seniors in his district, pointing to a study from the nonpartisan Congressional Budget Office that they would see a 25 percent increase in insurance premiums.

Yet another reason for Donovan's decision was in consideration of the biggest employer in his district — the hospital systems — which opposes the legislation for its threat to jobs and millions more in expenses linked to Medicaid changes.

The fate of Trump's health care bill on Thursday is said to be imperiled on more than one front, despite Republican control of Congress: Moderates who are concerned for those who rely on Obamacare, and a hardline group of 35 house conservatives called the House Freedom Caucus who vow to vote down the bill for not going far enough to undo Obamacare and reduce insurance premiums.

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Hundreds of protestors gather at Foley Square in New York on Dec. 4, 2014. A Staten Island grand jury voted against criminal charges for New York City police officer Daniel Pantaleo, who was accused of using a chokehold during an arrest of Eric Garner. GETTY IMAGES

NYPD chokehold officer had history of complaints, leaked documents reveal

Daniel Pantaleo had 14 allegations from seven complaint cases before Garner died in 2014.

NIKKI M. MASCALI
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The NYPD officer who used a department-banned chokehold during the 2014 arrest that resulted in Eric Garner's death had a history of prior complaints, according to leaked documents obtained by ThinkProgress.

Daniel Pantaleo had seven disciplinary complaints and 14 allegations before the fatal Eric Garner case in Staten Island on July 17, 2014, the records indicate. They were sent anonymously to ThinkProgress by a source who said claimed to have worked at the Civilian Complaint Review Board, an outside organization that receives and investigates complaints about NYPD officers.

Pantaleo's disciplinary records are currently part of a court case between the CCRB and the Legal Aid Society. Such records were made public by the CCRB in the past, but that practice stopped in September 2014.

Four city lawyers told the publication that Pantaleo's alleged records do match the look of CCRB disciplinary documents, but the review board would not comment on their authenticity. The review board did confirm one of the case numbers on the report was real and had been closed, but did not disclose the name of the officer involved.

The earliest complaint in Pantaleo's alleged documents was an abuse allegation from April 2009 in which he refused to obtain medical treatment for a suspect. The CCRB ruled the allegation "unsubstantiated."

Complaints in 2011, 2012 and 2013 followed and ranged from substantiated, or credible, abuses during vehicle searches and stops to an unsubstantiated complaint about the officer using physical force in 2013.

Four abuse incidents from a vehicle stop and search in 2011, and a 2012 frisk, search of a person and stop resulted in charges, meaning the CCRB "recommended the harshest category of discipline possible," ThinkProgress reported.

The vehicle abuses resulted in the officer, believed to be Pantaleo, receiving "instruction," or training that is the lowest level of departmental discipline. The stop charge was dismissed after the Administrative Prosecution Unit found the officer not guilty, while the frisk charge stood. The officer forfeited two vacation days as a result of the violation.

Pantaleo was put on been on desk duty following Garner's death.

"Someone should have taken a look at his record a long time ago," Garner's mother, Gwen Carr, told the New York Daily News. "If they had done that maybe my son would still be alive."

Garner, 43, was approached by Pantaleo and other officers for selling loose cigarettes on a Staten Island sidewalk. While attempting to arrest him, Pantaleo put Garner in a chokehold for nearly 20 seconds.

The confrontation was famously caught on video, with Garner repeatedly saying, "I can't breathe," before losing consciousness.

"Someone should have taken a look at his record a long time ago."
Gwen Carr

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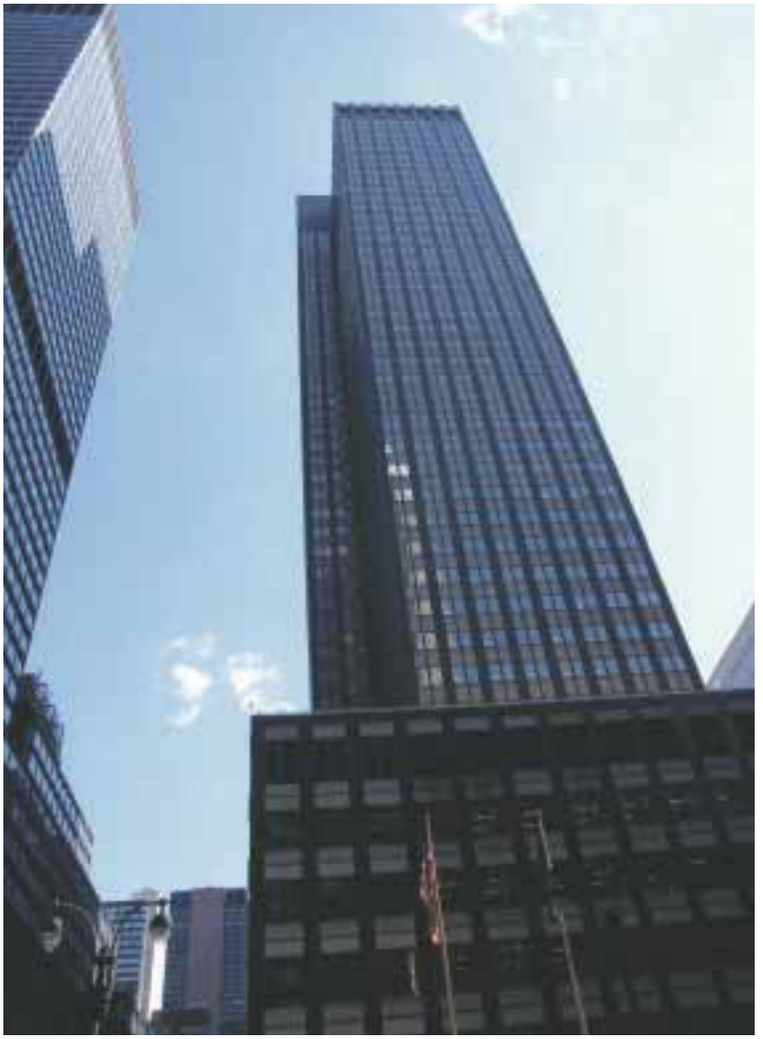

The office tower at 245 Park Avenue was constructed in 1967. CREATIVE COMMONS

Chinese group buying Park Ave. skyscraper for $2.2B

The transaction would represent one of the highest prices paid for an office tower in city.

A Chinese conglomerate has agreed to purchase a marquee Manhattan office building for $2.21 billion, one of the highest prices ever paid for a New York skyscraper.

The deal for 245 Park Avenue has not closed but China's HNA Group, which has been on an acquisition spree, signed a purchase-and-sale agreement, several real estate websites reported Tuesday.

If the deal closes at the reported price, it would become only the fourth office tower to break the $2 billion threshold in the history of Manhattan, according to The Real Deal magazine. The others are 11 Madison Avenue, 3 Bryant Park and the GM building on Fifth Avenue.

Tenants at 245 Park include JP Morgan Chase, Rabobank, Heineken, Societe Generale and Major League Baseball, which is said to be moving to a new location.

Brookfield Property Partners LP and the New York State Teachers' Retirement System, which has a 49 percent stake, put the 1.8-million-square-foot office building on the market in November.

A prior Brookfield entity acquired the 45-floor building in 1996 from the bankruptcy of Olympia & York. NYSTRS acquired its stake in 2003.

The deal showcases the role of Chinese capital in the city's commercial-real-estate market.

Chinese ownership of buildings in midtown Manhattan includes the towers just north of Grand Central Terminal along Park Avenue. Three blocks to the north is the Waldorf Astoria hotel, which China's Anbang Insurance Group acquired for $1.95 billion in 2015 and is now converting to mostly condominiums.

China accounted for 30 percent of some $15.4 billion in cross-border investment in U.S. real estate last year, with almost half placed in New York, according to Cushman & Wakefield.

The most expensive single property sale in the city remains the $2.8 billion purchase of the General Motors Building by Boston Properties in 2008. REUTERS

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Baby Boomers May Avoid Knee Surgery With Modern Arthritis Treatments

Doctors say these two factors are the keys to knee arthritis treatment success and relieving pain without surgery

By Matt Edgar

America's Health Writer

New York City - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

"We all know that countless lives are being saved every year because of early detection and better treatment" noted the clinic director at the ***NY Pain MD*** in New York City. "*The same holds true for treating arthritis pain. I believe we are having so much success at* ***NY Pain MD*** *because of two factors: One is we are using advanced medical technology and treatments a lot of clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis - the better the results. The key to trying to avoid knee replacement surgery is doing the correct treatment as soon as possibly"*

What is the "correct treatment?"

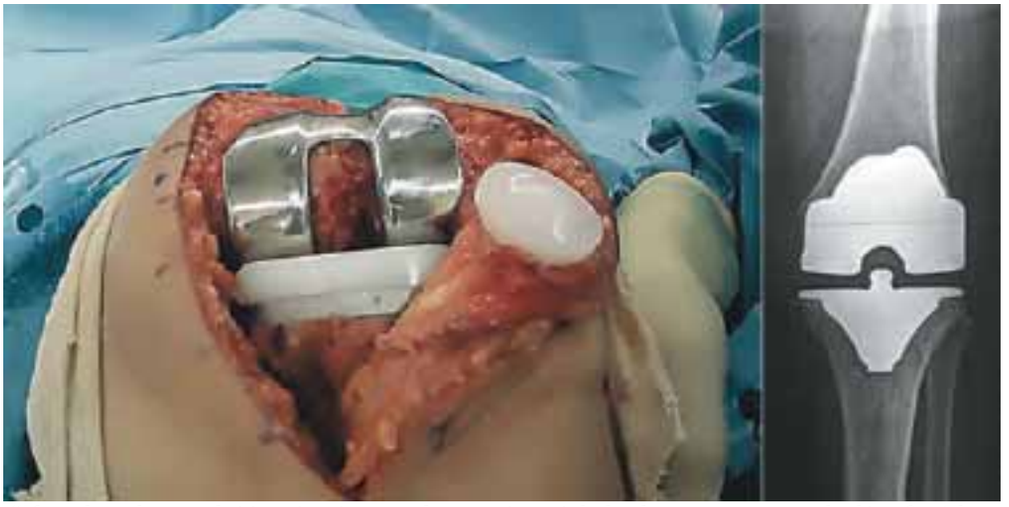
"That depends," said the director. *"There is no one answer when it comes to medical conditions. Knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day,"* added the director.

For many knee arthritis pain sufferers the right treatment is Viscosupplementation whereby a preparation of Hyaluronic acid a gel-like FDA approved medicine is applied directly into the knee joint using *Precision Arthritis Targeting Technology.*

Hyaluronic acid is the natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early viscosupplecosupplementation gets the best results and is so important for avoiding surgery.

The director believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space precisely. That's why the doctors at ***NY Pain MD*** use advanced imaging technology to apply *Precision Arthritis Targetin*g during every treatment.

A device called the "C-Arm" allows the doctor to see into the joint and actually watch the medicine be applied exactly where it is supposed to. Research shows that performing procedures without Precision Arthritis Targeting (P.A.T.T.)can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without Presision Arthritis Targeting Technology and did not get good results - this may be why.



"If you have knee arthritis pain, viscosupplementation might be the answer you are looking for. The keys are not wait, get a good evaluation from an expert and make sure precision arthritis targeting is used to make sure you have the best chance for success."

Can This Be Avoided? Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife.

Normal Pain-Free Knee Joint

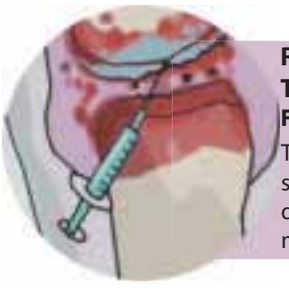
Everyone Wants Proof:

In the artist simulated drawings, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.

Knee With Painful Arthritis

Pain -

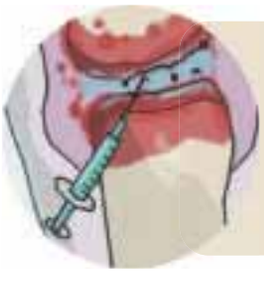
Illustration shown is a knee joint with painful xosteo-arthritis. Arthritis causes the joint space to decrease, grinding, stiffness, decreased motion, bone spurs,swelling and a lot of pain.



Research Shows Doctors Miss The Joint Space Up To 30% Of The Time Without Advanced Imaging

Failed Treatment -

The injection (Lubrication medicine) misses the joint space. Research shows this occurs up to 30% of the time without the use of the digital imaging to guide the injection. This is why lubrication medicine may not have worked for you



Lubrication Medicine Injected Directly Into Knee Join Like "Joint Oil" using Precision Targeting Technology

Succesful Treatment -

Sucessful Treatment - Lubrication Medicine (blue) being precisely injected directly into the knee joint using digital imaging. Advance imaging allows treatments to be as precise as possible. Lubrication medicine can lubricate the joint and decrease pain.

Knee Pain Screenings Offered To Help Determine If New York Metro Area Residents Qualify For Popular Treatment

Knee pain sufferers have limited time to claim knee pain screening to see if all-natural knee arthritis treatment might work for them

If you qualify for this treatment, it might be one of the happiest days of your life.

That's because, for the past year and a half, hundreds of knee pain sufferers have flocked to ***NY Pain MD*** New York City.

That's when their specially trained-doctors added Hyalgan treatments to their already successful comprehensive knee pain relief program.

Viscosupplementation is unique because - even-though it is manufactured by a pharmaceutical company, it is NOT considered a drug because it is a natural substance with an incredible story.

Why So Many Want It

You see, when you suffer with arthritis - the lubricating fluid (synovial fluid) in your knee joint dries up.

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it is excruciating.

Like "Joint Oil"

Viscosupplementation works so well because it is like 'joint oil." It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the roosters head. It is extracted from the roosters comb, purified and concentrated. They have also developed medical lubricants that are also natural but made a bit like yogurt and "cultured" into highly effective arthritis pain-fighting medical lubricants.

When introduced directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You can only get this from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

"We have been able to help so many knee pain sufferers - even many who have already tried other treatments like Synvisc, Supartz, Orthovisc and even Hyalgan. This is because our treating doctors always use ***"Precision Arthritis Targeting Technology".*** *This allows us to place the Viscosupplementation exactly where is needs to be. Studies show doctors doing joint injections without technology can miss the joint up to 30% of the time."* noted the Director of Center

NY Pain MD is a state of the art medical facility offering only the best technology.

Advanced Medical Technology Can Make All The Difference: **This advanced Precision Arthritis Targeting Technology using fluorososcopic imaging allows doctors to see directly into the knee joint so treatments are precise and the FDA approved lubricating medicine actually goes EXACLTY where it is supposed to. Studies show that procedures done without this technology can miss the joint up to 30% of the time. This is one reason Viscosupplementation may not have worked for you in the past. *NY Pain MD* uses this P.A.T. Imaging Technology. with each and every treatment.**

And that's not all :

"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years for some patients.. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends - that's why we are swarmed. After getting treatment and feeling better, many patients have decided to cancel their total knee replacement surgeries." added the director.

How To Find Out If It Can HelpYou?

If you have knee pain, the ***NY Pain MD*** doctors would like to invite you for a no-obligation screening to see if you are a candidate for their treatments using *Precision Arthritis Targeting Technology.*

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All you have to do is call 800-885-KNEE (5633) right now and when the scheduling specialist answers the phone tell her you would like your no obligation "Knee Pain Screening." The doctors at ***NY Pain MD*** can only accept a limited amount of new patients each month for this screening - so if you are interested please call now. Your no obligation screening will only take about 25-30 minutes... you will get all your questions answered and leave knowing if you have possibly found the solution to your knee pain.

And here's something really important - Viscosupplementation treatments are covered by most insurance, union plans and even medicare. To schedule your no obligation screening or if you have any questions:

Call: 800 885 KNEE (5633)

Are You Qualified For Knee Arthritis Screening With *NYC Pain MD?*

- **Do you have pain and osteoarthritis (arthritis) of the knee?**
- **Have you tried other treatments such as NSAIDS and other anti-inflamatory medications without success?**
- **Have you already tried viscosupplementation (Hyalgan, Suparz, Synvisc) without satisfactory results?**

If you answered yes to any of these questions - give *NY Pain MD* a call and schedule your no obligation knee pain screening

NYC PAIN MD

800-885-KNEE (5633)

Feds publish list of 'uncooperative' sanctuary cities

Immigration Customs and Enforcement list takes aim at communities Trump administration says have lax immigration policy.

ERIN TIERNAN
@erintiernan
erin.tiernan@metro.us

Immigration and Customs Enforcement published a first weekly report on communities who are "uncooperative" with Trump administration deportation goals. GETTY IMAGES

Officials are speaking out against a federal Immigration and Customs Enforcement list they say is aimed at shaming communities that identify as sanctuary cities and towns.

The 35-page report calls out more than 100 communities, including Boston, New York City and Philadelphia, and says they are "uncooperative" with the Trump administration's efforts to detain and deport illegal immigrants.

Communities with so-called sanctuary policies often choose not to detain illegal immigrants at the request of ICE, which is part of the Department of Homeland Security, unless the individuals are convicted of serious crimes or are wanted under a federal warrant.

The ICE report details 206 instances, including some in New York City and Philadelphia, between Jan. 28 and Feb. 3, when federal "detainer" requests were denied.

A detainer is a request made by ICE to local authorities to hold an undocumented immigrant in custody for up to 48 hours "to allow DHS to assume custody for removal purposes."

Proponents of sanctuary cities say their policies promote safer communities and trust between the police and the public, and preserve families.

The report, which ICE says will be updated weekly, was prompted by a January executive order in which Trump promised a crackdown on communities that promote sanctuary policies. The president has threatened to withhold federal funding from such communities.

Several officials pointed out inaccuracies in the report after it was published Monday. ICE has made 14 corrections so far.

Providence Mayor Jorge Elorza told the Associated Press that while Rhode Island does not generally honor ICE detainer requests, it was included on the list over a nonbinding city resolution from 2011, which Elorza claimed wasn't about detainers.

"They cast a very broad net in who they included in this list. We're all still trying to figure out what is accomplished by this list, and also how it's going to be used," he said.

Other cities where sanctuary policies instructing law enforcement not to comply with detainer requests in the case of illegal immigrants who have either not committed a crime or are nonviolent offenders exist were not included on ICE's list, WGBH reported.

The debate on how to deal with the 11 million undocumented immigrants catapulted back into the national spotlight Tuesday during a White House news briefing.

Press Secretary Sean Spicer discussed the rape of a Rockville High School student, allegedly by two undocumented immigrants. He used the example from the Maryland school to urge state and local officials to examine their immigration policies.

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White man who wanted to harm blacks arrested in New York stabbing

A white man who police said traveled to New York City to harm black people turned himself in with knives in his pocket at a Manhattan police station on Wednesday, a day after authorities say he fatally stabbed a black man on a city sidewalk.

James Harris Jackson, 28, told police he left his home in Baltimore on Friday and took the bus to New York "because it is the media capital of the world and he wanted to make a statement," Bill Aubrey, a deputy chief at the New York Police Department, told reporters.

On Monday night, Jackson crossed paths with Timothy Caughman, a black man who was rummaging through garbage on a sidewalk in Manhattan's Hell's Kitchen neighborhood, according to police.

James Harris Jackson NYPD

A few minutes later, Caughman, 66, staggered into a nearby police station, bleeding from stab wounds to his chest and back. He was taken to a nearby hospital, where he died.

Jackson turned himself in at a police station in Times Square soon after midnight on Wednesday and was arrested for murder, police said. He had seen images circulated by police from surveillance cameras showing him at the scene, dressed in a black coat, his blond hair combed to one side, police said.

"He said that 'I'm the person that you're looking for,' and he had knives in his pocket," Aubrey told a news conference. "It was revealed that the attack on Timothy Caughman was clearly racially motivated. It is believed that he was specifically intending to target male blacks."

Jackson served as a specialist in the U.S. Army until 2012, and was deployed in Afghanistan for nearly a year beginning in December 2010, an Army spokeswoman said. He was awarded several medals for his conduct, the spokeswoman said.

Jackson was in police custody awaiting a court appearance and could not be reached for comment.

REUTERS

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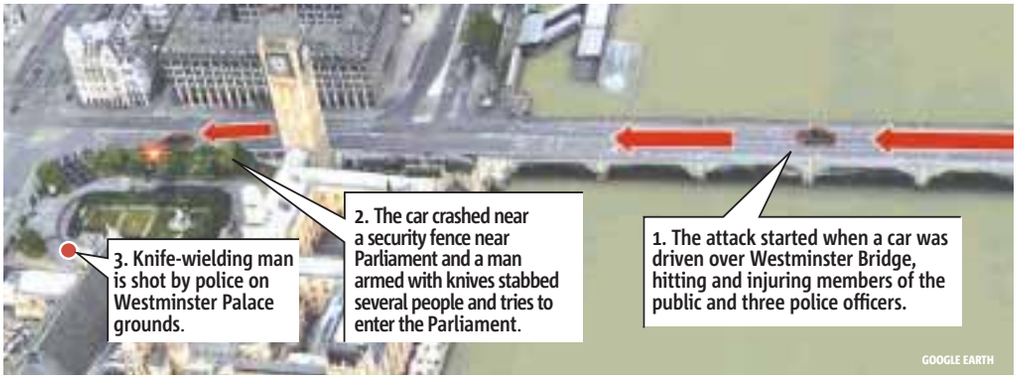
Five dead, at least 20 injured in UK

The dead included the assailant and the policeman he stabbed, while the other two victims were among those hit by the car as it tore along Westminster Bridge before crashing into railings just outside Parliament.


3. Knife-wielding man is shot by police on Westminster Palace grounds.
2. The car crashed near a security fence near Parliament and a man armed with knives stabbed several people and tries to enter the Parliament.
1. The attack started when a car was driven over Westminster Bridge, hitting and injuring members of the public and three police officers.
GOOGLE EARTH

Five people were killed and at least 20 injured in London on Wednesday after a car plowed into pedestrians and an attacker stabbed a policeman close to the British Parliament in what police called a "marauding terrorist attack".

Prime Minister Theresa May condemned the attack as "sick and depraved".

"The location of this attack was no accident," she said in a statement outside her Downing Street office late in the evening.

"The terrorist chose to strike at the heart of our capital city, where people of all nationalities, religions and cultures come together to celebrate the values of liberty, democracy and freedom of speech."

Any attempt to defeat those values through violence was "doomed to failure," May said.

Mark Rowley, Britain's most senior counter-terrorism officer, told reporters the attack started when a car was driven over Westminster Bridge, hitting and injuring members of the public and three police officers.

"A car then crashed near to Parliament and at least one man, armed with a knife, continued the attack and tried to enter Parliament," Rowley said.

It was the deadliest attack in London since four British Islamists killed 52 commuters and

"The terrorist chose to strike at the heart of our capital city, where people of all nationalities, religions and cultures come together to celebrate the values of liberty, democracy and freedom of speech."

Prime Minister Theresa May

themselves in suicide bombings on the city's transport system in July 2005, London's worst peacetime attack.

Reuters reporters inside Parliament during Wednesday's attack heard loud bangs and shortly afterward saw the knifeman and the stabbed policeman lying on the ground in a courtyard within the gates of parliament.

A woman was pulled alive, but with serious injuries, from the Thames, the Port of London Authority said. The circumstances of her fall into the river were unknown.

Three French schoolchildren aged 15 or 16 were among those injured in the attack, French officials said.

Several members of parliament (MPs) and senior officials were caught up in the chaos. Tobias Ellwood, a junior Foreign Office minister, was pictured attempting to resuscitate a man lying unconscious, reported to be the stabbed policeman.

The attack took place on the first anniversary of attacks by Islamist militants that killed 32 people in Brussels.

London Mayor Sadiq Khan said there would be

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‘terrorist’ attack

Police forensic officers arrive to the Palace of Westminster, London, after a policeman was stabbed and his apparent attacker shot by officers in a major security incident at the Houses of Parliament. GETTY IMAGE

additional police officers on the city streets to keep Londoners and visitors safe.

“We stand together in the face of those who seek to harm us and destroy our way of life. We always have, and we always will. Londoners will never be cowed by terrorism,” he said.

Parliament’s lower House of Commons, which was in session at the time, was suspended and lawmakers were asked to stay inside the building for several hours.

May said parliament would convene as normal on Thursday in a sign that the attack would not disrupt life in the capital.

However, a visit by Queen Elizabeth to officially open the new headquarters of London’s police force, which had been planned for Thursday, was postponed “in light of today’s events,” Buckingham Palace said.

In a telephone call with May, President Donald Trump offered Britain the full cooperation and support of the United States, the White House said. U.S. Secretary of State Rex Tillerson condemned the attack as “horrific acts of violence”.

German Chancellor Angela Merkel and NATO Secretary-General Jens Stoltenberg were among foreign leaders who expressed shock and solidarity. REUTERS

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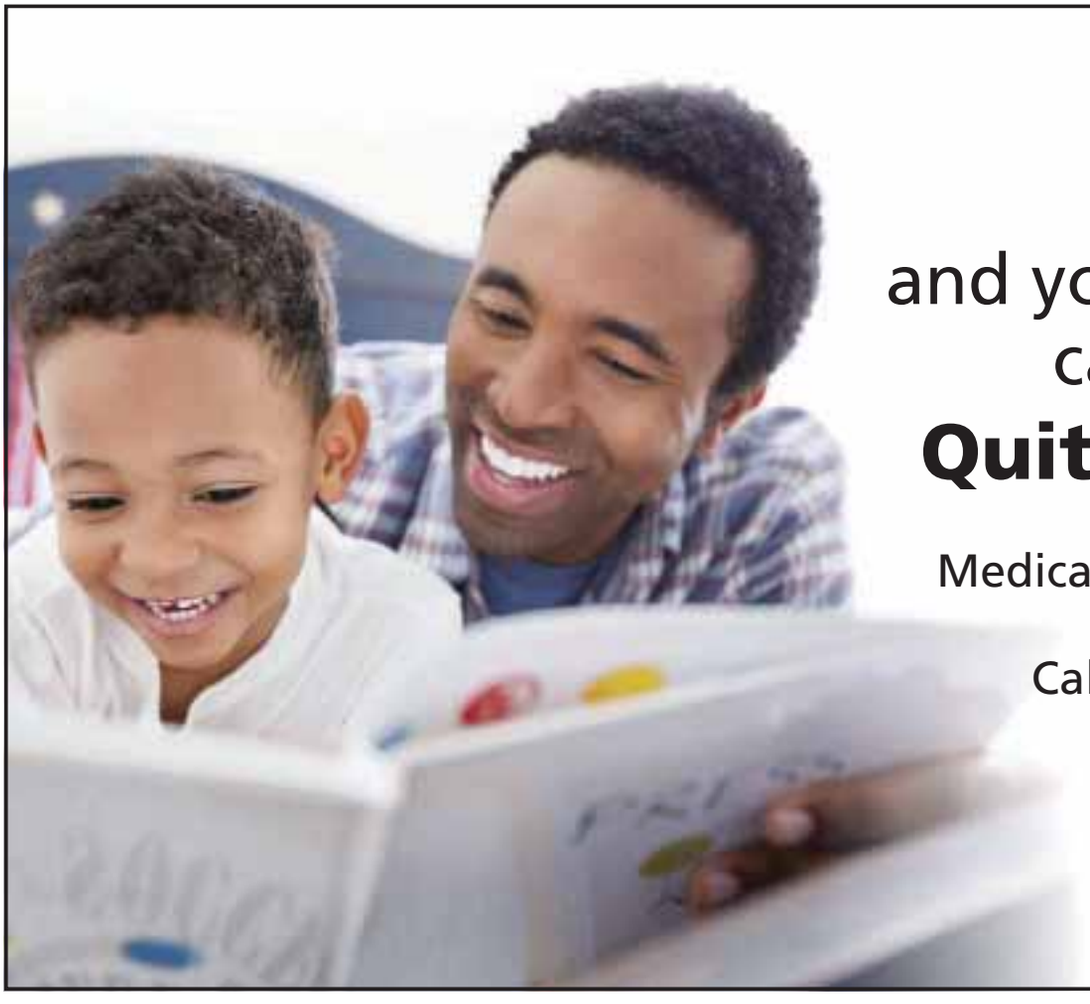

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4. Viagra Prescribing Information, Revised January 2010. 5. Cialis Prescribing Information, Revised October 2011. 6. Levitra Prescribing Information, Revised November 2011.

Muslim women pray in Manhattan. GETTY IMAGES

Poll: One in three US Muslims fear for safety in Trump presidency

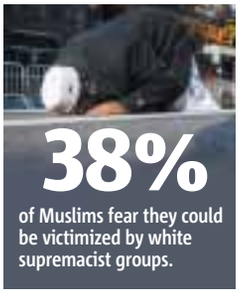
More than one in three U.S. Muslims fear they could be targeted by white supremacist groups following President Donald Trump's election and 42 percent say their children have been bullied in school because of their faith, a survey found.

That fear contributes to a lower-than-average rate of voting by adult Muslim citizens, according to a study released on Monday by the Institute for Social Policy and Understanding.

Cracking down on what he called "radical Islamic terrorists" and restricting travel from certain Middle Eastern countries have been major elements of Trump's presidency.

The study found that 38 percent of Muslims feared they could be victimized by white supremacist groups, a rate far higher than other major religions, and nearly one in five had made plans to leave the United States "if it becomes necessary."

By comparison, 27 percent of Jews, 11 percent of Protestants and 8 percent of Roman Catholics and 16 percent of the religiously unaffiliated voiced such concerns.



38%
of Muslims fear they could be victimized by white supremacist groups.

Forty-two percent of Muslims say their school-aged children had been bullied because of their faith, more than quadruple the rate of the general population. One in four cases involved a teacher, the survey found.

Just 61 percent of Muslims said they had voted in the 2016 presidential election, fewer than any other major religious group or the public at large, according to the survey of 2,389 people conducted Jan. 4 through Jan. 23.

One in three Muslims who did not vote said it was because they did not like any of the candidates.

The survey had a margin of error of 5.1 percent among Muslims and 2.8 percent for the general public.

The survey period concluded three days after Trump took office and before actions, including presidential executive orders, to restrict travel from certain majority-Muslim countries.

At least four U.S. mosques, in Texas, Florida and Washington, have been the target of arson this year. Jewish Community Centers across the nation have been subject to more than 100 bomb threats — all of which have been hoaxes.

Half of Muslims polled said their faith leaders and organizations need to condemn terrorism, more than the 44 percent of the general public who held that view.

Muslim women and Muslims of Arab descent reported experiencing religious discrimination at higher rates than Muslim men and Muslims of other ethnicities, likely a result of their appearance more readily identifying them as Muslims. REUTERS

POLITICS

US farm heartland lobbies to steer Trump away from Mexico trade war

Farmers in the U.S. agricultural heartland that helped elect Donald Trump are now pushing his administration to avoid a trade dispute with Mexico, fearing retaliatory tariffs that could hit over $3 billion in U.S. exports.

The value of exports at risk is based on a Reuters analysis of a tariff list which Mexico used in a trucking dispute six years ago and which Mexican officials have said could serve as a model if President Trump sets new barriers to Mexican goods.

Pork producers contacted Trump's transition team soon after the Nov. 8 election to stress that tariff-free access to Mexico has made it their top export market by volume, said John Weber, president of the National Pork Producers Council.

The council has sent the administration multiple letters, including one signed in January by 133 agricultural organizations, and is arranging for several hog farmers to fly to Washington next month to talk to officials.

"We just keep pounding them on how critical trade is to us," said Weber, who fears Mexico could revive the list of mostly agricultural products it successfully used to push Washington into letting Mexican truckers on U.S. highways in 2011. REUTERS

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Brad Pitt makes sculptures, talks to Angelina sometimes

Stop the presses! Angelina Jolie and Brad Pitt are on speaking terms now.

People reports that the two are making peace and have talked to each other directly. It's been six months since their epic separation last September. A source tells the mag Pitt is much happier now, thank you very much. "He's relieved that things are not playing out in public anymore." Me, too! It was getting messy AF.

"He's always been extremely positive about how Angie's a good mother, and the goal was to resolve everything for the kids and the whole family," the source continues.

Meanwhile, Daily Mail is very exclusively reporting that Pitt is spending his spare time making sculptures and listening to Bon Iver. So emo!

Congrats to these two adults for getting it together. I'm very proud.

Jake Gyllenhaal plus Ryan Reynolds equals bromance

Jake Gyllenhaal and Ryan Reynolds are working hard to let you know that A) they really enjoyed working together on set of "Life," a new age "Alien" rip off; and B) that they are just so very fond of each other and nothing — not even a desperate plea from Blake Lively herself — will stop them.

According to Daily Mail, Gyllenhaal, 36, said they were scolded by producers and told that all of their goofing off on set was wasting money. Both Gyllenhaal and Reynolds, 40, found this to be just hilarious. Mmm, there's nothing quite like a grown man who needs a stern talking to for childish behavior. Sign me up!

Then, the two hunky brosephs got together with Wired to answer the web's most-searched questions about themselves. Reynolds uses swamp water to style his hair! Gyllenhaal does his own stunts, unless they're too dangerous — then he doesn't! They're having such a great time just laughing with each other and it's not remotely insufferable, I promise.

"Life" comes out March 24 and is not based on the cereal or the board game.

ALL PHOTOS GETTY IMAGES

the word

RACHAEL CLEMMONS
rachael.clemmons@metro.us

Poor Lena Dunham can't catch a break

Lena Dunham is saying words again.

The 30-year-old recently opened up on "Ellen" about how mean people are being to her about losing weight. Mmkay, pumpkin. "It's just so crazy because I spent six years of my career being called things like 'bag of milk' on the internet," Dunham told Ellen DeGeneres earlier this week. OK, yeah, "bag of milk" is rude. Nobody wants to be called a bag of milk, probably.

Some people have called the writer and actress a hypocrite because they felt like her weight loss goes against her whole brand. "I had this experience of my body changing and suddenly I had all these people being like, 'You're a hypocrite, I thought you were body positive,'" she says. "I was frustrated by it because it really was evidence that as a woman in Hollywood, you just can't win."

Later in the interview, Dunham put her leg behind her head and told Ellen, "You can't do this in front of anyone without them thinking, she's probably pretty good at sex."

As always, Lena Dunham is her own greatest enemy.

The Olsen twins love old dudes

The Olsen twins sure have a type.

The Daily Mail reports that Ashley, 30, has just split from her boyfriend of five months. He's a financier named Richard Sachs and he's 58-years-old. OK!

A source says the two split because Ashley wants to focus Elizabeth and James, a fashion label she shares with sister Mary-Kate.

Speaking of, Mary-Kate is married to Olivier Sarkozy, who is 47-years-old and works in finance. So yeah, these two have a type. Old and rich. Which is pretty smart, if you think about it.

Demi Lovato is so chill, very relatable

Demi Lovato would like you to know that she is absolutely not fazed by those so-called nude photos that leaked, OK?

According to Refinery29, the 24-year-old is the latest female celebrity that's been targeted by hackers leaking personal and intimate images online. Other victims include Emma Watson and Amanda Seyfried. In Lovato's leaked image, she's shown lying in bed with her top unzipped.

The pop star took to Twitter to tell everyone to settle down. "I love how everyone's freaking out about one picture," she wrote. "It's not nude and it's just cleavage." She posted another tweet, noting that she's gotten real-life naked before for Vanity Fair, and took advantage of a variety of hashtags like #cleavage-gameon-point and #myboobsarenteventhatbig. She's just like, one of those cool girls who's just like, so relatable, you know?

While Lovato is super chill about the leaked photos, it is worth noting — to all you hackers out there who apparently don't know better — that leaking private pictures of female celebrities is pretty disgusting. Leaking private anything of anyone is horrible.

And that's not chill, at all.

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Meet 'Power Rangers' co-star Naomi Scott

A new Hollywood "it" talks about making her big screen debut.

MATT PRIGGE
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Naomi Scott (far left, with RJ Cyler, Dacre Montgomery, Ludi Lin and Becky G.) graduates to the Hollywood big leagues as one of the lead quintet in "Saban's Power Rangers," in theaters tomorrow. KIMBERLEY FRENCH

Naomi Scott had a big problem while making "Saban's Power Rangers": There was a pizzeria under the apartment she was staying in.

"It was the best pizza in Vancouver, and the best gelato. It's the worst combination when you're trying to be strict," the actress recalls. "Every now and again and I'd treat myself to a pizza."

Scott still kept in shape while making the new blockbuster, which reboots the '90s children's show about a quintet of superpowered high schoolers who fight big monsters, sometimes while joined together as one big robot, "Voltron"-style. But Scott refuses to adhere to the idea of starving yourself to look fit.

GETTY

"You pick your days. It's all about having balance. Was I stricter than normal? Yes. But it was also very difficult because you're doing long hours and you're going from night shoots to day shoots. You need the energy. You can't be eating just leaves," she tells us. "I don't like to deprive myself. I'm good at being strict and I know what I have to do to stay in shape. But on a weekend I'll try something. I'm going to have a dessert."

"Power Rangers" is Scott's second big Hollywood movie, but her first in a co-lead role. (She had a small part in "The Martian.") She plays Kimberly, aka the one that gets the pink spandex body suit. The new film isn't exactly a gritty reboot, but it does try to add some seriousness to the smackdown fun. Kimberly is one of five teens who are tasked with becoming defenders of Earth, and must battle an alien invader named Rita Repulsa (Elizabeth Banks.)

Kimberly is a strong female character, but Scott wishes we didn't have to have the discussion about how Hollywood should create meatier roles for women.

"It's a conversation that obviously needs to happen, but it's crazy because it shouldn't need to be," Scott says. "It's like, 'We have to talk about it, but why?'"

That said, while Scott, 23, doesn't have vivid memories of watching the show as a kid, she does remember one thing that made it ahead-of-the-curve: its casually diverse cast, with different genders and ethnicities.

"What I do remember is playing 'Power Rangers.' And the reason I was very excited to play it was that there were girls. That's something so simple, but it's actually really important. That's why so many girls still like it," Scott says. Back then, there weren't many superpowered female characters on television. "There was 'Wonder Woman,' the old school one, but there wasn't a lot."

Her other career

Scott is not just an actress; she's also a singer, with two albums to her name. "I'm independent, so I basically do everything myself," she says. "I get to be in complete creative control. Music is my first love; it's something I want to give the time to grow organically. I want to do it right and do it properly."

On Queen Meryl

Scott, born in London, where she still lives, has been acting since her teens, having had roles on "Terra Nova" and, recently, the British detective show "Lewis." She cites as influences the likes of Meryl Streep, Julianne Moore and Rachel Weisz.

"The actresses I look up to, a lot of them aren't necessarily young. They're over 40, because I always look at the careers they've paved for themselves," she explains. "These women do such good work, and do so unapologetically. They don't even have to talk about being strong. They just do what they do, and the work speaks for itself. That's what I look to do."

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It's time to get high

With warmer days coming, we've got your guide to the best rooftops in the city. EVA KIS

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EVAN JOSEPH

Bar SixtyFive

One of the city's best-kept secrets is you can get (almost) to the top of one of its tallest buildings without paying anything. A concierge inside 30 Rock will direct you to the 65th floor (just below the Top of the Rock observation deck), where an elegant cocktail bar with a wraparound terrace offers spectacular views of pretty much all of Manhattan. Pricey even for a rooftop, but the view is worth it. ***30 Rockefeller Plaza***

NOAH FECKS

Westlight

Life is good on the 22nd floor of the William Vale Hotel, where Andrew Carmellini's rooftop bar easily has the best views in Williamsburg. A destination since opening late last summer, it's best to make a reservation to skip the line and get to drinking one of the bar's sophisticated cocktails with shrimp dumplings or duck carnitas tacos, while taking in East River views from the Seaport to Harlem. ***111 N. 12th St., Brooklyn***

EVA KIS

Rooftop Reds

The Brooklyn Navy Yard is still very much a work in progress, but it's worth the slightly sketchy trek to get to this bar and vineyard on top of Building 275. Sip upstate New York vintages while strolling among the groves that just produced the first-ever city-grown wine, hang out in hammocks, play cornhole or come for pizza and movie night. ***Opens March 31, 63 Flushing Ave., Brooklyn***

JESSICA NASH

The Roof at Park South

Though this Gramercy bar is low — the Park South Hotel is just eight floors — it's not crowded in by surrounding buildings, offering sweeping downtown views. Among the most spacious of the city's rooftop bars, the Roof is entirely outdoors with tons of seating options, much of it sheltered under elegant sails. Expect new drinks with a focus on frozen and rum cocktails, and new upscale nosh. ***Opens April 14, 124 E. 28th St.***

INSTAGRAM/@ NORTHERNTERRITORYBK

Northern Territory

This two-story Aussie bar is more flip-flops than high heels. The main barroom is a bustling spot to ride out the cold, but at the first sign of sun the casual cool roof deck fills up with a beach-ready crowd sipping Mason jar cocktails (the spicy Paloma is the smart play) and beers (from Fosters to Narragansett). The Australian-ish menu has gorgeous toasts, egg-topped burgers and weekend brunch. ***12 Franklin St., Brooklyn***

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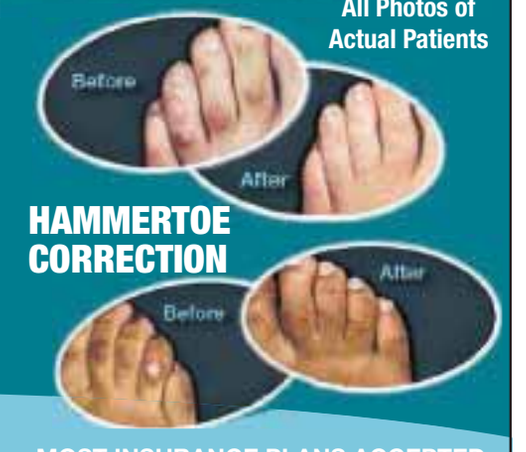

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NYC Craft Distillers Fest

Craft beer isn't the only thing being fermented within city limits. Vodka, whiskey and more are all being made in NYC and celebrated Jazz Age-style at this immersive festival, so get out your Gatsby garb and dance to swinging music while savoring every sip like it might be your last; Tickets (1 p.m.-4 p.m. or 7 p.m.-10 p.m. sessions) will get you tastes from more than 20 craft distilleries and a beautiful evening of entertainment at the Bowery Hotel.
March 25, 335 Bowery, $95-$150, nyccraftdistillersfest.com

THEATER

"Beneath the Gavel"

Get into the heat of a bidding war (without spending any real money) over paintings steeped in mystery with Bated Breath Theatre Company's "Beneath the Gavel," an immersive theater piece where audience members are given backstory about the art collection of a dead benefactress — then handed a wad of cash they can use to bid on paintings being auctioned onstage. It's a fast-paced, interactive play where you can learn about the art market and act like a richy-rich for a day. Just don't get swept up in a scandal.
Through April 9
59E59 Theaters, 50 E. 59th St.
$35, batedbreaththeatre.org

ART

Golem Gets Married

This immersive rock event is bound to be the best use of your wedding attire this spring: Golem, a klezmer band known for its modern spin on Yiddish and Eastern European music, stages a full fake Jewish wedding, from a ceremony under the chuppah to a reception with hora dancing, chair lifts and, yes, cake. They'll play covers from James Brown to Van Halen, while cultural traditions (from drunken toasts to the bouquet toss) are celebrated in this one-time-only theatrical concert.
March 23, 7 p.m.,
Drom, 85 Ave. A
$20-$25, dromnyc.com

YOUR WEEKEND STARTS NOW

VIDEO GAMES

Demo & Play: Women in Games

At Playcrafting — a co-op with classes and events to support, educate and unite the gaming community — a month of activities celebrating Women's History Month is culminating in a special Demo & Play event (with free pizza!). Hear female developers speak on the topic of inclusion and equality in the gaming industry before playing their games, including yet-to-be-released demos.
March 23, 6 p.m.
Microsoft, 11 Times Square
Free, playcrafting.com

SPRING

Macy's Flower Show

Travel back in time at this year's Macy's Flower Show: Carnival, which brings nostalgia to life with carousels, candied treats and orchestral music. It's free to visit during store hours and to take part in one of the many events throughout the show, like a seminar on Coney Island wall art (March 26), Flower Show Paint Night (March 29), Cooking with Skinnytaste's Gina Homolka (April 1), Godiva tasting with chocolatier Thierry Muret (April 2), bouquet making (April 3) and more.
March 26-April 9
Macy's Herald Square
151 W. 34th St., free, macys.com

FOOD

Duck-Off

You'll be waddling away after eating your fill at the Duck-Off, a cooking competition with cuisine ranging from Peking duck to duck tacos at Jimmy's No. 43. Hudson Valley Duck Farm will also be offering duck charcuterie with smoked duck, duck prosciutto and duck rillette. Competing chefs hail from restaurants like Blank Slate Kitchen, Jake's Handcrafted, Hill Country Barbecue and Fung Tu. Proceeds benefit Urban Harvest.
March 26, 1 p.m.-3 p.m.
43 E. Seventh St.
$20-$25, slowfoodnyc.org

The Burger Supremacy

There's no meat in the patties facing off for supremacy at this walk-around tasting of veggie burgers, where guests and judges will choose their faves in two categories: gourmet and everyday. Your ticket includes a taste of each plant-based burger with chips and salsa, and there will also be drink specials. Entrants include Risotto Burger, Barry's Tempeh, Monk's Meats, Marty's V Burger and host VSpot Organic.
March 27, 7 p.m.-9 p.m.
VSPOT Organic, 12 St. Marks Place
$25, vspot.nyc

WEDDINGS

New York Weddings Event

All you need is love — but if you're planning a wedding, you're going to need at least a few more things, like a venue, dress, photos and food. Start uniting the elements of your dream day at the New York Weddings Event with more than 100 local vendors, from Underwest Donuts to Kleinfeld. Sip cocktails and sample cakes while listening to live music and exploring your options. Plus, New York Weddings magazine editors will be on hand for an Ask the Experts panel at 6 p.m.
March 28, 5 p.m.-8 p.m.,
180 Maiden Lane
$25, weddings.nymag.com

DANCE

The Joffrey Ballet's "Romeo & Juliet"

For the first time since relocating to Chicago 20 years ago, the esteemed Joffrey Ballet company returns in its entirety to NYC with Krzysztof Pastor's "Romeo & Juliet." Here, the Bard's tragic romance is placed in 20th-century Italy during the rise of Fascism, offering sumptuous visuals in which dancers can explore Sergei Prokofiev's classic score, while audiences gain contemporary context for the tale, all over the course of just six performances and four days.
March 29-April 2, David H. Koch Theater, 20 Lincoln Center Plaza
$35-$155, joyce.org
T. MICHELLE MURPHY

FOOD

LIANG SHI

Dessert Goals

What began in the fall as the city's first-ever fest for all things dessert returns for a spring edition. While GA tickets are sold out, you can still score a workshop ticket, giving you access to the fest and panels like How to Start a Food Business (#Baonanas) or How to Start an Insta/Blog (@CoffeeandChampagne). You'll have unlimited access to free coffee and candy, plus 20 vendors selling their finest confections at an average of $5.
March 25-26, Dobbin Street,
64 Dobbin St., Brooklyn, $50,
dessertgoals.com

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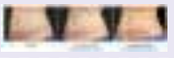
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With March going out like a lion, it's the perfect time to escape the cold for the subtropical climes of Tampa. The Florida city is particularly good for families, who can enjoy the warm weather and an endless array of activities, plus bargains.

For those looking to experience the best of Tampa, check out CityPASS, which is a thrifty way to take in some of the most popular attractions. CityPass ($106 for adults, $96 for children 3-9) offers considerable bang for the buck, with deals like 51 percent off full-price attraction tickets.

Thanks to CityPass, we braved the thrilling dive coaster Sheikra at Busch Gardens Tampa Bay, swam with the sharks and touched the rays at the Florida Aquarium, and eyeballed the Bornean orangutans at Lowry Park Zoo, which was named the best Family Friendly Zoo by Parents magazine. We also mixed in an education excursion to Museum of Science and Industry, which has more than 450 exhibits and live science demonstrations.

The Glazer Children's Museum is all about hands-on play. There are 170 interactive exhibits in the bright, 53,000-square-foot facility, designed to help children discover their world through play via rock climbing walls, a firehouse and a replica of a biplane, among many other exhibits.

The museum is right next to Tampa's new Riverwalk, a scenic 2.4-mile stretch that's a haven for joggers, bicyclists and sun worshippers along the East Hillsborough river. Children gather at a new playground, while adults relax along the romantic docks and canopies.

Just off the shore there are eight restaurants, four museums and 18 historical monuments along Riverwalk. Annual events like the Gasparilla Concert Festival and RiverFest, which is slated for May 6-7, take advantage of downtown's newest addition.

It's never too early to expose kids to art. Every Saturday the Tampa of Museum of Art hosts a free drop-in program for children and families, who would like to work on art projects inspired by the museum's vast collection.

How to spend a day

Bike the Bay: Rent a water cycle from Tampa Bay Water Bike Company and navigate the East Hillsborough. It's easy, safe and a great way to see the beautiful beaches.

See a Broadway Show: With an adult ticket, kids 12 and under get in free to Broadway shows at the David A. Straz Center for the Performing Arts. "The King and I" is slated for May 2-7, "Finding Neverland" will run May 30-June 4, and "The Little Mermaid" is set for July 11-16.

Beat the Heat: Adventure Island, Tampa's top waterpark, offers 30 acres of fun with tons of slides and pools.

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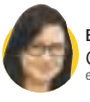
Marshmello is among the performers being showcased on The Other stage. GETTY IMAGES

Bonnaroo throws all-night rager

Hip-hop and dance music get their own showcase at this year's iconic music festival.



EVA KIS
@thisiskis
eva.kis@metro.us

Bonnaroo has to be summer's chillest music festival — with four days of musical acts, art installations and more spread over 700 acres, you've got to pace yourself.

Not this year, hippies. Founded in the spirit of Woodstock and Phish's legendary jam sessions, 2017's Bonnaroo Music and Arts Festival is making more room for newer genres. The festival, which takes place June 8-11 at Great Stage Park in Manchester, Tennessee, is launching an all-night party on a brand new open-air stage dubbed The Other.

Because Bonnaroo's previous Other Tent just couldn't hold them anymore, the biggest names in dance, electronic and hip-hop music like costumed EDM star Marshmello, "instrumental livetronica" group Big Gigantic, Dutch DJ San Holo and more will take over for an epic all-night set.

Spanning 13 stages, Bonnaroo will feature over 130 performers led by Red Hot Chili Peppers, The Weeknd and, for their first time at the festival, U2 will perform a special set celebrating the 30th anniversary of their 1987 album "The Joshua Tree." Tickets start at $210.50 at bonnaroo.com.

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GIANTS OFFSEASON HAS BEEN FAR BETTER THAN JETS SO FAR

SID ROSENBERG

OPINION

Sid Rosenberg co-hosts 'The Bernie and Sid Show' on WABC in New York. You can reach him on Twitter @SidRosenberg

Brandon Marshall gives the Giants yet another potent weapon for Eli Manning to play with. GETTY IMAGES

So far during the NFL offseason period, I think it is fair to say that the Giants have jump leaps and bounds ahead of the Jets in terms of addressing needs and suring up their strengths. It has to be embarrassing to be a Jets fan right now with how their team has taken what looks to be a step backward heading toward next season. Though, it is still early in the offseason and there may be time for the Jets to address some issues through free agency, but most of the most sought-after players have already been snatched up.

Let me start with the Jets. Gang Green has done more subtraction than addition on both sides of the ball. On the offensive side, the Jets cut arguably their two best players in Nick Mangold and Brandon Marshall while also letting go left tackle Ryan Clady and right tackle Breno Giacomini. Mangold and Marshall were players who at some point positively produced on the field while Clady and Giacomini both had expectations to meet and failed to do so over their time with the Jets. It's embarrassing.

Though there has been more subtraction than addition during free agency the Jets did make a signing on the offensive side. With no interest in resigning Ryan Fitzpatrick and Geno Smith jumping ship to the Giants, Mike Maccagnan went and signed 37-year-old journeyman quarterback Josh McCown. The Jets also cut a reliable kicking leg in Nick Folk and signed Chandler Catanzaro, formerly of Arizona.

On the defensive side it has not been much better. The one-time face of the New York Jets franchise Darrelle Revis was cut following an arrest where he was charged with four felonies. Whether the two events coincided with each other is up for debate, the bigger football issue hits the Jets both in the wallet and the locker room. The Jets did go out and bring in Morris Claiborne to replace Revis with hopes that next season they can try to contain the air onslaught to one side of the field.

On the other side of MetLife Stadium, Big Blue has been cherry-picking all of the potential talent from their roommates. Remember that last offseason the Giants lured Damon Harrison away from the Jets and they have seemingly done so again this offseason signing Brandon Marshall and Geno Smith. Now, Geno is a crapshoot with what you are going to get from him but Marshall is going to be a wonderful complement to Odell Beckham Jr. The Giants also signed former Alabama Crimson Tide national champion, 2013 draft 11th overall pick, and former San Diego Charger D.J. Fluker, who fits to be a nice complement to Weston Richburg and Justin Pugh on the interior of the offensive line.

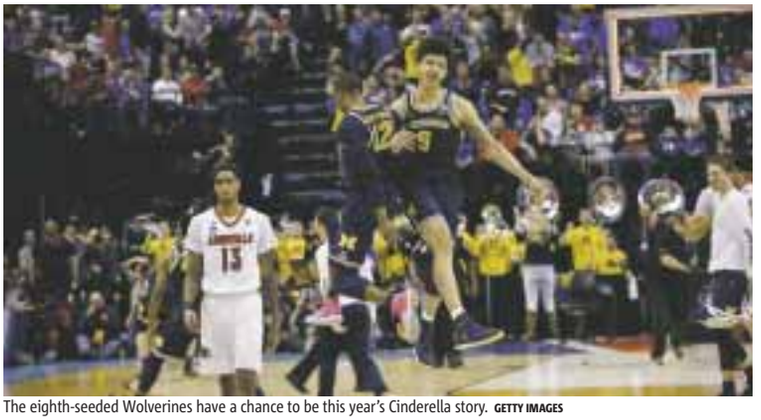
Defensively speaking, last offseason and this current offseason we have seen the Giants go back to their bread and butter, the defensive line. As I mentioned before, Harrison joined the Giants last season as well as Pro Bowler Olivier Vernon and now they have locked up Jason Pierre-Paul for the next four years. We can expect Big Blue to be toward the top of the league leaders defensively with a strong line to go along with a great mix of promising youth and veteran leadership in the secondary.

Whichever way you look at it, the Jets' horrible decision making continues and the Giants continue to swim in their wake.

NCAA Sweet 16 preview: What not to miss when the action resumes

The Sweet 16 begins on Thursday with the Midwest and West Regionals and as is usually the case, there are basically nothing but heavyweight programs left.

No. 3 Oregon (31-5) and No. 8 Michigan kick things off on Thursday (7:09 p.m., CBS) in Kansas City. I believe that this will be the most entertaining game of the four and Las Vegas seems to agree with me since it has the closest point-spread (Michigan is favored by one point). Oregon survived a major scare by Rhode Island in the second round, 75-72. Michigan has played two very close games as they outlasted Oklahoma State 92-91 in a first round track meet and then upset Louisville 73-69 in the second round.



The eighth-seeded Wolverines have a chance to be this year's Cinderella story. GETTY IMAGES

No. 1 Gonzaga (34-1) finally faces a legitimate test in No. 4 West Virginia (28-8) after they dispatched of South Dakota State, 66-46, in the first round and tournament newcomer Northwestern 79-73 in the second round. It feels like Mountaineers head coach Bob Huggins' teams always step up in March and they got here by beating Bucknell, 86-80, in an entertaining opener and they notched an impressive 83-71 victory versus Notre Dame in the second round. West Virginia is paced by junior point guard Jevon Carter who had 24 points against the Irish.

No. 1 Kansas (30-4) vs. No. 4 Purdue (27-7) is an intriguing Big 12 vs. Big 10 matchup. It has the highest projected point total of the night (156.5 points) which should make for a nice high-scoring contest. Jayhawks freshman swingman Josh Jackson was impressive in Kansas' 90-70 demolition of Michigan State in the second round with a game-high 23 points, two blocks and two steals. His athleticism was on full display, why he'll be a top three pick this summer in the NBA draft. Boilermakers sophomore power forward Caleb Swanigan is a double-double machine, he had 20 points and 12 rebounds in their 80-76 second-round win over Iowa State.

Finally, No. 2 Arizona (32-4) vs. No. 11 Xavier (23-13) at least on paper looks like the only game on Thursday that could be a mismatch. Then again, the Musketeers destroyed No. 3 Florida State 91-66 in the second round so it's hard to completely overlook them. The Wildcats dropped 100 on North Dakota (who scored 82) in the first round while they struggled to put away St. Mary's in the second round before eventually winning 69-60. If Xavier is going to upset their former head coach Sean Miller and his club, they'll need another huge game from junior guard Trevon Bluiett, who scored 21 in their first-round upset of Maryland, then 29 against Florida State. RICHARD SLATE

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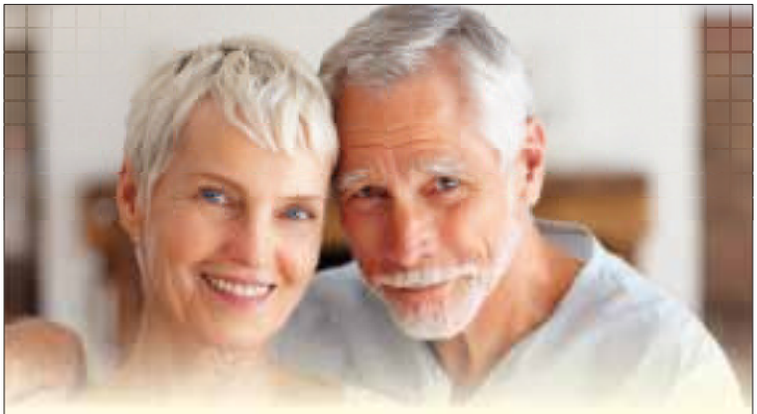

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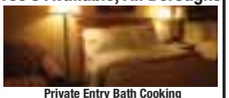

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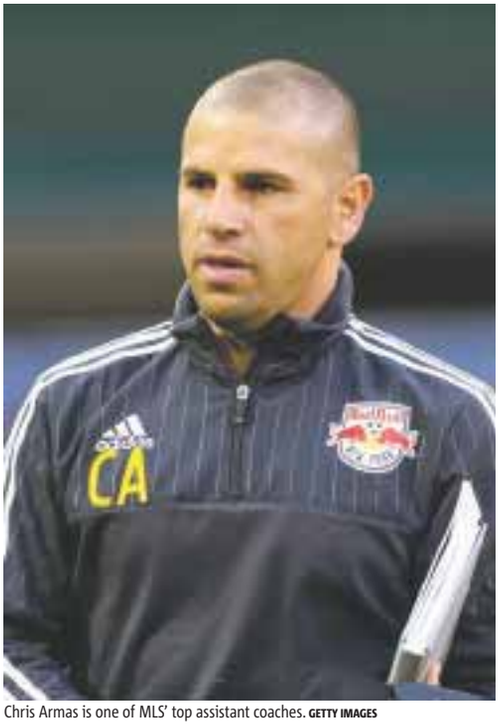

Chris Armas is one of MLS' top assistant coaches. GETTY IMAGES

Red Bulls assistant coach Armas declines to pursue RSL opportunity

Real Salt Lake fired head coach Jeff Cassar on Monday and the search for a replacement is in full-effect. Their new head coach won't be coming from the New York Red Bulls though.

Speaking on the condition of anonymity, a source tell Metro New York that the Rio Tinto side reached out to the Red Bulls and enquired about speaking to assistant coach Chris Armas but he declined to pursue the opportunity.

An assistant with the Red Bulls the last two seasons, Armas is a former MLS midfielder who was a vital cog of the United States national team for many seasons.

He is seen as a future head coach around the league by many individuals.

Armas was one of the original members of the coaching staff brought in by head coach Jesse Marsch two years. His MLS career spanned 12 seasons, the majority of which were spent with the Chicago Fire where he was six times an All-Star and won an MLS Cup in 1998.

The other prominent member of the coaching staff, Denis Hamlett, was promoted this offseason to the role of sporting director after serving as an assistant under Marsch the last two years. KRISTIAN DYER

West Coast adventure

The Knicks continue a long West Coast road trip Thursday night when they face the Trail Blazers, a 10 p.m. tipoff on MSG. GETTY IMAGES

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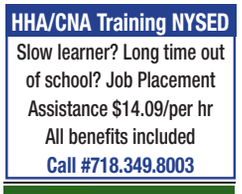
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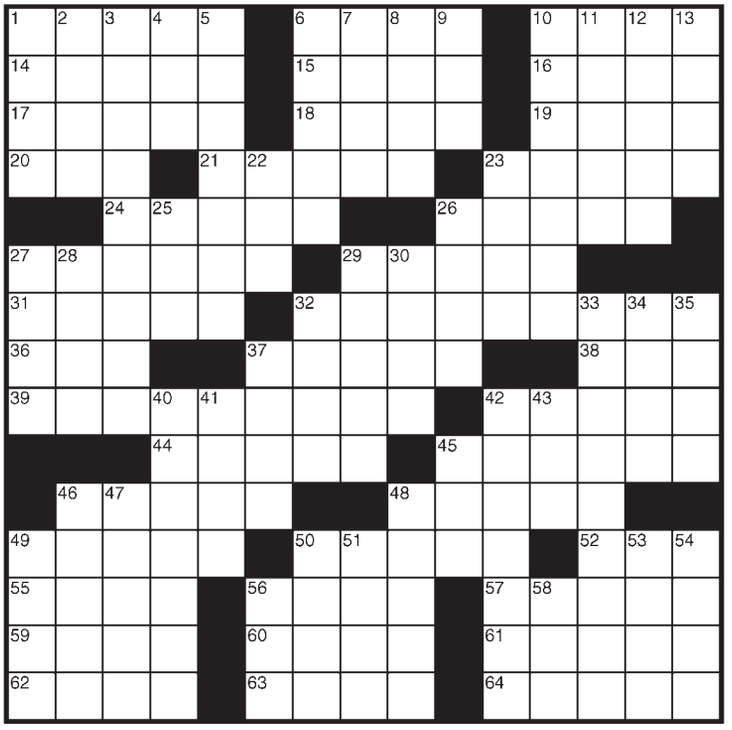
56 Physician's org.
58 Onassis nickname



metro.us/sudoku

easy

2						9		
4		3	7		5			8
				2	3	4		
		2	3			1		
		8	9		2	6		
		5			8	7		
		4	2	8				
5			1		7	3		4
		6						9

hard

	5					3		9
9				3	2			
	7	3			5			6
				6		7	8	
	8		2	5	4		9	
	6	9		8				
8			5			9	3	
			3	7				8
5		6					7	

metro.us/horoscopes

Aries A little charm and a whole lot of compassion will help you complete pending projects and resolve problems or uncertainties you face. Romance is favored.

Taurus Putting pressure on someone who opposes you will help you get your way if you do so in a persuasive manner. Offer an incentive to push matters along quickly.

Gemini Do what's best for yourself and aim to improve how you present your personality and abilities. Love and romance are encouraged, and partnerships can be formed.

Cancer Look inward and consider what you can do to make personal improvements. A better health routine or more nutritious diet will do you good. Avoid excessive behavior.

Leo Partnerships, meetings and collaboration look promising. Your knowledge and desire to get ahead will lead to an opportunity that is too good to refuse.

Virgo You can negotiate a deal or make alterations to your living arrangements, but don't go overboard when it comes to spending or you will end up frustrated.

Libra Children, friends and loved ones will play important roles in the way you respond to your current situation. Draw strength and courage from the wisdom being offered you.

Scorpio Chill out and do something creative. Work toward a goal that requires only your input. Don't take risks or get involved in an emotional battle.

Sagittarius If you share your feelings with someone you love, it will lead to plans that will improve your standard of living and boost a personal relationship.

Capricorn A conversation will be misleading. If you are uncertain regarding what's expected of you or the cost involved, ask questions and get answers in writing.

Aquarius You've got spunk, but that doesn't mean you should get into an emotional spat. Let bygones be bygones. The sweetest revenge is your own success.

Pisces A persuasive approach when dealing with others will help you get what you want. If you express your desires colorfully, you'll attract interest. EUGENIA LAST

Yesterday's answers

K	I	L	T	S	■	L	E	W	D	■	P	E	T	E
I	D	E	A	L	■	O	R	E	O	■	A	R	E	A
S	L	A	T	E	■	B	I	A	S	■	R	U	N	G
S	E	P	T	E	M	B	E	R	■	C	O	P	S	E
■	■	■	O	K	A	Y	■	S	W	E	L	T	E	R
A	L	S	O	■	M	I	R	■	A	L	E	■	■	■
R	U	T	■	S	A	N	E	■	G	L	E	A	M	S
C	L	O	N	E	■	G	N	U	■	O	S	C	A	R
S	U	P	E	R	B	■	E	N	D	S	■	T	N	T
■	■	■	B	I	O	■	E	V	A	■	A	S	E	A
A	N	O	R	A	K	S	■	A	R	A	B	■	■	■
F	O	C	A	L	■	H	A	R	N	E	S	S	E	D
F	O	E	S	■	S	A	K	I	■	G	E	O	D	E
I	S	A	K	■	A	M	I	E	■	I	N	A	N	E
X	E	N	A	■	M	E	N	D	■	S	T	R	A	P

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